

Appointment Expectations

Confirmation of pregnancy	Typically done between 6 - 8 weeks from your last menstrual period. We perform an ultrasound which will help determine your baby's estimated due date.
First Pregnancy Visit	Review your medical, surgical, genetic, and family medical history. You will also have a physical exam and lab work drawn.
12 week visit	Listen to the baby's heart, review your initial prenatal labs. We will also perform a first trimester genetic screen, if desired.
16 week visit	Check your uterus size and baby's heart rate, offer the AFP screen for spina bifida if desired. We will also schedule a 20 to 21 week ultrasound to check the baby's development.
20 week visit	Check uterine size and baby's heart rate. Your ultrasound will be done around this time by our ultrasonographer.
24 week visit	Measure your uterine size and check baby's heart rate. We will also explain the 28 week labs and give you the glucola drink to take home with you for the next visit.
28 week visit	Measure uterine size, check baby's heart rate, and draw blood work to check for gestational diabetes and anemia. If you are Rh negative, we will also draw blood for antibodies and give you your Rhogam injection.
30 week visit	Measure uterine size, check baby's heart rate, and review your 28 week labs.
32 week visit	Measure uterine size and check baby's heart rate. If you are considering permanent sterilization, this is a good time to discuss with the provider, if you have not already done so (Medicaid requires papers to be signed at least 30 days before your due date).
34 week visit	Measure uterine size and check baby's heart rate.
36 week visit	Measure uterine size, check baby's heart rate, and we will collect a vaginal swab to check for GBS (see Prenatal Tests section).
37 week and weekly until delivery	Measure uterine size and check baby's heart rate. If you would like us to check your cervix, let us know (although, this does not have to be done routinely).